

Donald

Drill: Feel So Good

Performing as cast member: Donald Label: 1 Symbol: B ID:325

Set	Move	Count	Side 1-Side 2	Back-Front
#24A	0	0	On Side 1 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#25	32	32	1.5 stps inside Side 1 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#26	16	48	1.5 stps inside Side 1 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#27	12	60	2.0 stps inside Side 2 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#28	16	76	1.5 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#29	16	92	0.5 stps outside Side 1 45 yd In	2.0 stps in frnt of Front hash (NCAA)
#30	16	108	2.0 stps inside Side 1 45 yd In	10.0 stps in frnt of Front hash (NCAA)
#31	16	124	3.5 stps inside Side 1 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#32	24	148	1.5 stps Side 1 of 50 yd In	12.5 stps behind Front side line
#33	24	172	1.5 stps Side 1 of 50 yd In	12.5 stps behind Front side line
#34	4	176	1.5 stps Side 1 of 50 yd In	9.0 stps behind Front side line
#35	16	192	0.5 stps Side 1 of 50 yd In	9.5 stps in frnt of Front hash (NCAA)
#36	16	208	2.0 stps Side 1 of 50 yd In	6.5 stps in frnt of Front hash (NCAA)
#37	2	210	2.0 stps Side 1 of 50 yd In	6.5 stps in frnt of Front hash (NCAA)

Tim

Drill: Feel So Good

Performing as cast member: Tim Label: 2 Symbol: B ID:326

Set	Move	Count	Side 1-Side 2	Back-Front
#24A	0	0	2.5 stps Side 1 of 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#25	32	32	On Side 1 45 yd In	10.0 stps in frnt of Front hash (NCAA)
#26	16	48	On Side 1 45 yd In	10.0 stps in frnt of Front hash (NCAA)
#27	12	60	2.5 stps Side 2 of 50 yd In	8.5 stps in frnt of Front hash (NCAA)
#28	16	76	1.5 stps outside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#29	16	92	2.5 stps outside Side 1 45 yd In	4.5 stps in frnt of Front hash (NCAA)
#30	16	108	0.5 stps outside Side 1 45 yd In	10.5 stps in frnt of Front hash (NCAA)
#31	16	124	On Side 1 45 yd In	8.5 stps in frnt of Front hash (NCAA)
#32	24	148	2.0 stps inside Side 1 45 yd In	11.5 stps behind Front side line
#33	24	172	2.0 stps inside Side 1 45 yd In	11.5 stps behind Front side line
#34	4	176	3.0 stps inside Side 1 45 yd In	9.0 stps behind Front side line
#35	16	192	3.5 stps inside Side 1 45 yd In	8.5 stps in frnt of Front hash (NCAA)
#36	16	208	1.0 stp inside Side 1 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#37	2	210	1.0 stp inside Side 1 45 yd In	5.5 stps in frnt of Front hash (NCAA)

John

Drill: Feel So Good

Performing as cast member: John Label: 3 Symbol: B ID:330

Set	Move	Count	Side 1-Side 2	Back-Front
#24A	0	0	3.0 stps inside Side 1 45 yd In	13.5 stps in frnt of Front hash (NCAA)
#25	32	32	2.0 stps outside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#26	16	48	2.0 stps outside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#27	12	60	On 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#28	16	76	4.0 stps inside Side 1 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#29	16	92	4.0 stps inside Side 1 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#30	16	108	4.0 stps inside Side 1 40 yd In	12.0 stps in frnt of Front hash (NCAA)
#31	16	124	4.0 stps inside Side 1 40 yd In	10.0 stps in frnt of Front hash (NCAA)
#32	24	148	1.0 stp outside Side 1 45 yd In	10.0 stps behind Front side line
#33	24	172	1.0 stp outside Side 1 45 yd In	10.0 stps behind Front side line
#34	4	176	On Side 1 45 yd In	9.0 stps behind Front side line
#35	16	192	On Side 1 45 yd In	9.0 stps in frnt of Front hash (NCAA)
#36	16	208	4.0 stps inside Side 1 40 yd In	5.0 stps in frnt of Front hash (NCAA)
#37	2	210	4.0 stps inside Side 1 40 yd In	5.0 stps in frnt of Front hash (NCAA)

Borus

Drill: Feel So Good

Performing as cast member: Borus Label: Q Symbol: Q ID:324

Set	Move	Count	Side 1-Side 2	Back-Front
#24A	0	0	1.0 stp inside Side 2 45 yd In	13.5 stps in frnt of Front hash (NCAA)
#25	32	32	3.0 stps outside Side 2 40 yd In	12.0 stps behind Front side line
#26	16	48	3.0 stps outside Side 2 40 yd In	12.0 stps behind Front side line
#27	12	60	4.0 stps outside Side 2 45 yd In	16.0 stps behind Front side line
#28	16	76	2.5 stps Side 2 of 50 yd In	8.5 stps in frnt of Front hash (NCAA)
#29	16	92	On 50 yd In	on Front hash (NCAA)
#30	16	108	4.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (NCAA)
#31	16	124	On Side 2 45 yd In	10.0 stps in frnt of Front hash (NCAA)
#32	24	148	1.0 stp outside Side 2 45 yd In	10.0 stps behind Front side line
#33	24	172	1.0 stp outside Side 2 45 yd In	10.0 stps behind Front side line
#34	4	176	On Side 2 45 yd In	9.0 stps behind Front side line
#35	16	192	On Side 2 45 yd In	15.0 stps behind Front side line
#36	16	208	3.5 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (NCAA)
#37	2	210	3.5 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (NCAA)

Steve

Drill: Feel So Good

Performing as cast member: Steve Label: 1 Symbol: S ID:328

Set	Move	Count	Side 1-Side 2	Back-Front
#24A	0	0	3.0 stps inside Side 2 45 yd In	13.5 stps in frnt of Front hash (NCAA)
#25	32	32	1.0 stp outside Side 2 40 yd In	14.0 stps behind Front side line
#26	16	48	1.0 stp outside Side 2 40 yd In	14.0 stps behind Front side line
#27	12	60	2.0 stps outside Side 2 45 yd In	13.5 stps in frnt of Front hash (NCAA)
#28	16	76	On Side 2 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#29	16	92	3.0 stps Side 1 of 50 yd In	on Front hash (NCAA)
#30	16	108	0.5 stps Side 2 of 50 yd In	10.5 stps in frnt of Front hash (NCAA)
#31	16	124	3.5 stps inside Side 2 45 yd In	8.5 stps in frnt of Front hash (NCAA)
#32	24	148	2.0 stps inside Side 2 45 yd In	11.5 stps behind Front side line
#33	24	172	2.0 stps inside Side 2 45 yd In	11.5 stps behind Front side line
#34	4	176	3.0 stps inside Side 2 45 yd In	9.0 stps behind Front side line
#35	16	192	2.0 stps inside Side 2 45 yd In	13.5 stps in frnt of Front hash (NCAA)
#36	16	208	0.5 stps inside Side 2 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#37	2	210	0.5 stps inside Side 2 45 yd In	9.5 stps in frnt of Front hash (NCAA)

Julia

Drill: Feel So Good

Performing as cast member: Julia Label: 2 Symbol: S ID:329

Set	Move	Count	Side 1-Side 2	Back-Front
#24A	0	0	2.0 stps Side 2 of 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#25	32	32	1.0 stp inside Side 2 40 yd In	12.0 stps behind Front side line
#26	16	48	1.0 stp inside Side 2 40 yd In	12.0 stps behind Front side line
#27	12	60	On Side 2 45 yd In	11.0 stps in frnt of Front hash (NCAA)
#28	16	76	2.5 stps Side 1 of 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#29	16	92	1.5 stps inside Side 1 45 yd In	0.5 stps in frnt of Front hash (NCAA)
#30	16	108	2.0 stps Side 1 of 50 yd In	10.0 stps in frnt of Front hash (NCAA)
#31	16	124	On Side 2 50 yd In	7.5 stps in frnt of Front hash (NCAA)
#32	24	148	1.5 stps Side 2 of 50 yd In	12.5 stps behind Front side line
#33	24	172	1.5 stps Side 2 of 50 yd In	12.5 stps behind Front side line
#34	4	176	1.5 stps Side 2 of 50 yd In	9.0 stps behind Front side line
#35	16	192	2.5 stps Side 2 of 50 yd In	11.5 stps in frnt of Front hash (NCAA)
#36	16	208	2.5 stps Side 2 of 50 yd In	7.5 stps in frnt of Front hash (NCAA)
#37	2	210	2.5 stps Side 2 of 50 yd In	7.5 stps in frnt of Front hash (NCAA)