

Noah

Drill: 1 Sandunga.3dj

Performing as cast member: Noah Label: 1 Symbol: A ID:340

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.5 stps Side 1 of 50 yd In	14.0 stps in frnt of Front hash (NCAA)
#1	8	16	3.5 stps Side 1 of 50 yd In	13.5 stps behind Front side line
#2	8	24	4.0 stps inside Side 1 45 yd In	8.0 stps behind Front side line
#3	16	40	2.0 stps outside Side 1 45 yd In	13.0 stps behind Front side line
#4	16	56	3.0 stps outside Side 1 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#5	8	64	3.0 stps outside Side 1 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#6	16	80	3.0 stps outside Side 1 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#7	16	96	1.0 stp Side 2 of 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 2 of 50 yd In	13.0 stps in frnt of Front hash (NCAA)
#9	8	120	3.0 stps Side 2 of 50 yd In	11.0 stps in frnt of Front hash (NCAA)
#10	20	140	0.5 stps Side 2 of 50 yd In	7.0 stps in frnt of Front hash (NCAA)
#11	16	156	On Side 2 50 yd In	0.5 stps in frnt of Front hash (NCAA)
#12	2	158	On Side 2 50 yd In	0.5 stps in frnt of Front hash (NCAA)
#12A	4	162	4.0 stps inside Side 1 40 yd In	8.0 stps behind Front side line

Leann

Drill: 1 Sandunga.3dj

Performing as cast member: Leann Label: 2 Symbol: A ID:344

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	0.5 stps inside Side 2 45 yd In	13.0 stps behind Front side line
#1	8	16	0.5 stps inside Side 2 45 yd In	8.5 stps behind Front side line
#2	8	24	On Side 2 45 yd In	5.0 stps behind Front side line
#3	16	40	On 50 yd In	6.0 stps behind Front side line
#4	16	56	1.0 stp outside Side 1 45 yd In	11.5 stps behind Front side line
#5	8	64	1.0 stp outside Side 1 45 yd In	11.5 stps behind Front side line
#6	16	80	1.0 stp outside Side 1 45 yd In	11.5 stps behind Front side line
#7	16	96	3.0 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 2 of 50 yd In	7.0 stps in frnt of Front hash (NCAA)
#9	8	120	1.0 stp Side 1 of 50 yd In	7.0 stps in frnt of Front hash (NCAA)
#10	20	140	3.5 stps Side 1 of 50 yd In	11.0 stps in frnt of Front hash (NCAA)
#11	16	156	1.0 stp outside Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#12	2	158	1.0 stp outside Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#12A	4	162	1.0 stp outside Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)

Donald

Drill: 1 Sandunga.3dj

Performing as cast member: Donald Label: 1 Symbol: B ID:325

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	On Side 1 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp Side 1 of 50 yd In	6.0 stps in frnt of Front hash (NCAA)
#2	8	24	1.0 stp inside Side 1 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#3	16	40	0.5 stps inside Side 1 45 yd In	14.0 stps behind Front side line
#4	16	56	3.5 stps inside Side 2 45 yd In	8.5 stps behind Front side line
#5	8	64	4.0 stps Side 2 of 50 yd In	8.0 stps behind Front side line
#6	16	80	On Side 2 45 yd In	15.5 stps in frnt of Front hash (NCAA)
#7	16	96	3.5 stps outside Side 2 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps inside Side 2 45 yd In	8.5 stps in frnt of Front hash (NCAA)
#9	8	120	3.5 stps Side 2 of 50 yd In	5.0 stps in frnt of Front hash (NCAA)
#10	20	140	3.5 stps inside Side 1 45 yd In	6.0 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps outside Side 1 45 yd In	1.5 stps in frnt of Front hash (NCAA)
#12	2	158	2.0 stps outside Side 1 45 yd In	1.5 stps in frnt of Front hash (NCAA)
#12A	4	162	2.0 stps outside Side 1 45 yd In	1.5 stps in frnt of Front hash (NCAA)

Tim

Drill: 1 Sandunga.3dj

Performing as cast member: Tim Label: 2 Symbol: B ID:326

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	0.5 stps Side 1 of 50 yd In	11.0 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp Side 1 of 50 yd In	9.5 stps in frnt of Front hash (NCAA)
#2	8	24	2.5 stps inside Side 1 45 yd In	5.0 stps in frnt of Front hash (NCAA)
#3	16	40	0.5 stps inside Side 1 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#4	16	56	1.0 stp Side 2 of 50 yd In	9.0 stps behind Front side line
#5	8	64	On 50 yd In	8.0 stps behind Front side line
#6	16	80	3.5 stps inside Side 2 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#7	16	96	1.0 stp outside Side 2 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps inside Side 2 45 yd In	6.0 stps in frnt of Front hash (NCAA)
#9	8	120	1.5 stps Side 2 of 50 yd In	3.0 stps in frnt of Front hash (NCAA)
#10	20	140	1.5 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps inside Side 1 40 yd In	5.0 stps in frnt of Front hash (NCAA)
#12	2	158	2.0 stps inside Side 1 40 yd In	5.0 stps in frnt of Front hash (NCAA)
#12A	4	162	2.0 stps inside Side 1 40 yd In	5.0 stps in frnt of Front hash (NCAA)

John

Drill: 1 Sandunga.3dj

Performing as cast member: John Label: 3 Symbol: B ID:330

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.0 stps inside Side 1 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#1	8	16	4.0 stps inside Side 1 45 yd In	11.0 stps in frnt of Front hash (NCAA)
#2	8	24	2.0 stps Side 1 of 50 yd In	5.5 stps in frnt of Front hash (NCAA)
#3	16	40	0.5 stps inside Side 1 45 yd In	11.5 stps in frnt of Front hash (NCAA)
#4	16	56	1.0 stp Side 1 of 50 yd In	9.5 stps behind Front side line
#5	8	64	4.0 stps inside Side 1 45 yd In	8.0 stps behind Front side line
#6	16	80	On Side 2 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#7	16	96	1.0 stp inside Side 2 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps inside Side 2 45 yd In	3.5 stps in frnt of Front hash (NCAA)
#9	8	120	On Side 2 50 yd In	1.5 stps in frnt of Front hash (NCAA)
#10	20	140	On Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps outside Side 1 40 yd In	9.0 stps in frnt of Front hash (NCAA)
#12	2	158	2.0 stps outside Side 1 40 yd In	9.0 stps in frnt of Front hash (NCAA)
#12A	4	162	2.0 stps outside Side 1 40 yd In	9.0 stps in frnt of Front hash (NCAA)

Liz

Drill: 1 Sandunga.3dj

Performing as cast member: Liz Label: 1 Symbol: C ID:343

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	2.0 stps outside Side 2 45 yd In	11.0 stps in frnt of Front hash (NCAA)
#1	8	16	3.0 stps inside Side 2 40 yd In	14.0 stps behind Front side line
#2	8	24	3.0 stps outside Side 2 45 yd In	10.5 stps behind Front side line
#3	16	40	3.0 stps inside Side 2 45 yd In	12.0 stps behind Front side line
#4	16	56	1.5 stps inside Side 1 45 yd In	15.0 stps in frnt of Front hash (NCAA)
#5	8	64	1.5 stps inside Side 1 45 yd In	15.0 stps in frnt of Front hash (NCAA)
#6	16	80	1.5 stps inside Side 1 45 yd In	15.0 stps in frnt of Front hash (NCAA)
#7	16	96	3.0 stps inside Side 1 45 yd In	12.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 1 of 50 yd In	7.0 stps in frnt of Front hash (NCAA)
#9	8	120	3.0 stps Side 1 of 50 yd In	9.0 stps in frnt of Front hash (NCAA)
#10	20	140	On Side 1 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps Side 1 of 50 yd In	15.0 stps behind Front side line
#12	2	158	2.0 stps Side 1 of 50 yd In	15.0 stps behind Front side line
#12A	4	162	2.0 stps Side 1 of 50 yd In	15.0 stps behind Front side line

Courtney

Drill: 1 Sandunga.3dj

Performing as cast member: Courtney Label: 2 Symbol: C ID:338

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	On Side 1 50 yd In	15.5 stps in frnt of Front hash (NCAA)
#1	8	16	0.5 stps Side 1 of 50 yd In	12.0 stps behind Front side line
#2	8	24	1.0 stp Side 1 of 50 yd In	7.0 stps behind Front side line
#3	16	40	On Side 1 45 yd In	10.0 stps behind Front side line
#4	16	56	2.0 stps inside Side 1 40 yd In	16.0 stps behind Front side line
#5	8	64	2.0 stps inside Side 1 40 yd In	16.0 stps behind Front side line
#6	16	80	2.0 stps inside Side 1 40 yd In	16.0 stps behind Front side line
#7	16	96	On Side 1 45 yd In	12.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 1 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#9	8	120	2.0 stps inside Side 1 45 yd In	7.0 stps in frnt of Front hash (NCAA)
#10	20	140	2.5 stps Side 1 of 50 yd In	15.5 stps in frnt of Front hash (NCAA)
#11	16	156	0.5 stps inside Side 1 45 yd In	10.5 stps behind Front side line
#12	2	158	0.5 stps inside Side 1 45 yd In	10.5 stps behind Front side line
#12A	4	162	0.5 stps inside Side 1 45 yd In	10.5 stps behind Front side line

Tiana

Drill: 1 Sandunga.3dj

Performing as cast member: Tiana Label: 3 Symbol: C ID:339

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	1.0 stp Side 1 of 50 yd In	2.5 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp Side 2 of 50 yd In	12.0 stps in frnt of Front hash (NCAA)
#2	8	24	1.0 stp Side 1 of 50 yd In	13.0 stps behind Front side line
#3	16	40	3.5 stps inside Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#4	16	56	2.0 stps inside Side 1 45 yd In	12.0 stps in frnt of Front hash (NCAA)
#5	8	64	2.0 stps inside Side 1 45 yd In	12.0 stps in frnt of Front hash (NCAA)
#6	16	80	2.0 stps inside Side 1 45 yd In	12.0 stps in frnt of Front hash (NCAA)
#7	16	96	2.0 stps Side 1 of 50 yd In	12.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 1 of 50 yd In	10.0 stps in frnt of Front hash (NCAA)
#9	8	120	1.0 stp Side 1 of 50 yd In	11.5 stps in frnt of Front hash (NCAA)
#10	20	140	1.5 stps Side 2 of 50 yd In	11.5 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps Side 2 of 50 yd In	12.5 stps in frnt of Front hash (NCAA)
#12	2	158	2.0 stps Side 2 of 50 yd In	12.5 stps in frnt of Front hash (NCAA)
#12A	4	162	2.0 stps Side 2 of 50 yd In	12.5 stps in frnt of Front hash (NCAA)

Kailen

Drill: 1 Sandunga.3dj

Performing as cast member: Kailen Label: 1 Symbol: F ID:341

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.5 stps Side 2 of 50 yd In	14.5 stps behind Front side line
#1	8	16	2.0 stps Side 2 of 50 yd In	11.0 stps behind Front side line
#2	8	24	2.0 stps Side 2 of 50 yd In	6.5 stps behind Front side line
#3	16	40	1.5 stps inside Side 1 45 yd In	8.0 stps behind Front side line
#4	16	56	4.0 stps inside Side 1 45 yd In	15.0 stps behind Front side line
#5	8	64	4.0 stps inside Side 1 45 yd In	15.0 stps behind Front side line
#6	16	80	4.0 stps inside Side 1 45 yd In	15.0 stps behind Front side line
#7	16	96	1.0 stp Side 2 of 50 yd In	16.0 stps behind Front side line
#8	16	112	2.0 stps inside Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#9	8	120	3.5 stps inside Side 1 45 yd In	14.0 stps in frnt of Front hash (NCAA)
#10	20	140	3.5 stps inside Side 2 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps outside Side 2 45 yd In	10.5 stps behind Front side line
#12	2	158	2.0 stps outside Side 2 45 yd In	10.5 stps behind Front side line
#12A	4	162	2.0 stps outside Side 2 45 yd In	10.5 stps behind Front side line

Sarah

Drill: 1 Sandunga.3dj

Performing as cast member: Sarah Label: 2 Symbol: F ID:342

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	1.0 stp inside Side 2 45 yd In	14.0 stps in frnt of Front hash (NCAA)
#1	8	16	3.0 stps inside Side 2 45 yd In	9.5 stps behind Front side line
#2	8	24	3.0 stps inside Side 2 45 yd In	5.5 stps behind Front side line
#3	16	40	3.0 stps Side 1 of 50 yd In	6.5 stps behind Front side line
#4	16	56	1.0 stp inside Side 1 45 yd In	13.0 stps behind Front side line
#5	8	64	1.0 stp inside Side 1 45 yd In	13.0 stps behind Front side line
#6	16	80	1.0 stp inside Side 1 45 yd In	13.0 stps behind Front side line
#7	16	96	2.0 stps Side 1 of 50 yd In	16.0 stps behind Front side line
#8	16	112	2.0 stps inside Side 1 45 yd In	10.0 stps in frnt of Front hash (NCAA)
#9	8	120	1.5 stps inside Side 1 45 yd In	12.0 stps in frnt of Front hash (NCAA)
#10	20	140	2.0 stps Side 2 of 50 yd In	15.0 stps behind Front side line
#11	16	156	2.5 stps inside Side 2 45 yd In	6.5 stps behind Front side line
#12	2	158	2.5 stps inside Side 2 45 yd In	6.5 stps behind Front side line
#12A	4	162	2.5 stps inside Side 2 45 yd In	6.5 stps behind Front side line

Shannon

Drill: 1 Sandunga.3dj

Performing as cast member: Shannon Label: 3 Symbol: F ID:348

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	2.0 stps inside Side 2 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp inside Side 2 45 yd In	15.0 stps in frnt of Front hash (NCAA)
#2	8	24	3.0 stps inside Side 2 45 yd In	12.0 stps behind Front side line
#3	16	40	1.0 stp Side 1 of 50 yd In	13.5 stps behind Front side line
#4	16	56	4.0 stps inside Side 1 40 yd In	14.0 stps behind Front side line
#5	8	64	4.0 stps inside Side 1 40 yd In	14.0 stps behind Front side line
#6	16	80	4.0 stps inside Side 1 40 yd In	14.0 stps behind Front side line
#7	16	96	3.0 stps inside Side 1 45 yd In	16.0 stps behind Front side line
#8	16	112	1.5 stps inside Side 1 45 yd In	7.0 stps in frnt of Front hash (NCAA)
#9	8	120	On Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#10	20	140	On Side 1 50 yd In	13.0 stps behind Front side line
#11	16	156	On Side 2 50 yd In	2.0 stps behind Front side line
#12	2	158	On Side 2 50 yd In	2.0 stps behind Front side line
#12A	4	162	On Side 2 50 yd In	2.0 stps behind Front side line

Emily D

Drill: 1 Sandunga.3dj

Performing as cast member: Emily D Label: 1 Symbol: G ID:331

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	2.5 stps inside Side 1 45 yd In	1.0 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp Side 1 of 50 yd In	on Front hash (NCAA)
#2	8	24	On Side 2 45 yd In	4.0 stps behind Front hash (NCAA)
#3	16	40	3.0 stps inside Side 2 45 yd In	3.0 stps in frnt of Front hash (NCAA)
#4	16	56	0.5 stps outside Side 1 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#5	8	64	0.5 stps outside Side 1 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#6	16	80	1.5 stps inside Side 1 35 yd In	15.5 stps behind Front side line
#7	16	96	1.5 stps outside Side 1 45 yd In	5.0 stps behind Front side line
#8	16	112	1.0 stp outside Side 2 45 yd In	8.0 stps behind Front side line
#9	8	120	3.5 stps inside Side 2 40 yd In	14.0 stps behind Front side line
#10	20	140	1.0 stp inside Side 2 45 yd In	0.5 stps in frnt of Front hash (NCAA)
#11	16	156	1.5 stps Side 1 of 50 yd In	10.0 stps in frnt of Front hash (NCAA)
#12	2	158	1.5 stps Side 1 of 50 yd In	10.0 stps in frnt of Front hash (NCAA)
#12A	4	162	4.0 stps inside Side 1 35 yd In	on Front side line

Ashley**Drill: 1 Sandunga.3dj****Performing as cast member: Ashley Label: 2 Symbol: G ID:332**

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.5 stps inside Side 1 45 yd In	10.0 stps in frnt of Front hash (NCAA)
#1	8	16	4.0 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#2	8	24	0.5 stps outside Side 2 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#3	16	40	On Side 2 40 yd In	10.0 stps in frnt of Front hash (NCAA)
#4	16	56	0.5 stps outside Side 2 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#5	8	64	0.5 stps outside Side 2 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#6	16	80	0.5 stps outside Side 1 45 yd In	5.5 stps in frnt of Front hash (NCAA)
#7	16	96	1.5 stps inside Side 1 35 yd In	13.5 stps behind Front side line
#8	16	112	1.5 stps inside Side 1 45 yd In	5.0 stps behind Front side line
#9	8	120	0.5 stps Side 2 of 50 yd In	5.0 stps behind Front side line
#10	20	140	3.0 stps inside Side 2 40 yd In	14.5 stps in frnt of Front hash (NCAA)
#11	16	156	3.0 stps inside Side 2 45 yd In	14.5 stps behind Front side line
#12	2	158	3.0 stps inside Side 2 45 yd In	14.5 stps behind Front side line
#12A	4	162	On Side 1 45 yd In	on Front side line

Emily S**Drill: 1 Sandunga.3dj****Performing as cast member: Emily S Label: 3 Symbol: G ID:333**

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	2.0 stps Side 2 of 50 yd In	3.5 stps in frnt of Front hash (NCAA)
#1	8	16	2.0 stps inside Side 2 45 yd In	3.0 stps in frnt of Front hash (NCAA)
#2	8	24	0.5 stps inside Side 2 40 yd In	1.5 stps behind Front hash (NCAA)
#3	16	40	1.5 stps inside Side 2 40 yd In	3.0 stps in frnt of Front hash (NCAA)
#4	16	56	2.5 stps Side 2 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#5	8	64	2.5 stps Side 2 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#6	16	80	1.5 stps inside Side 1 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#7	16	96	3.0 stps inside Side 1 35 yd In	8.5 stps behind Front side line
#8	16	112	0.5 stps Side 1 of 50 yd In	5.0 stps behind Front side line
#9	8	120	2.0 stps inside Side 2 45 yd In	6.0 stps behind Front side line
#10	20	140	3.0 stps inside Side 2 40 yd In	9.0 stps in frnt of Front hash (NCAA)
#11	16	156	3.0 stps Side 1 of 50 yd In	8.0 stps behind Front side line
#12	2	158	3.0 stps Side 1 of 50 yd In	8.0 stps behind Front side line
#12A	4	162	4.0 stps inside Side 1 40 yd In	on Front side line

Erica**Drill: 1 Sandunga.3dj****Performing as cast member: Erica Label: 4 Symbol: G ID:334**

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.0 stps Side 2 of 50 yd In	12.5 stps in frnt of Front hash (NCAA)
#1	8	16	On 50 yd In	15.5 stps in frnt of Front hash (NCAA)
#2	8	24	1.5 stps Side 2 of 50 yd In	7.5 stps in frnt of Front hash (NCAA)
#3	16	40	1.0 stp outside Side 2 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#4	16	56	2.5 stps Side 1 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#5	8	64	2.5 stps Side 1 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#6	16	80	3.0 stps outside Side 1 40 yd In	11.0 stps in frnt of Front hash (NCAA)
#7	16	96	0.5 stps inside Side 1 40 yd In	6.0 stps behind Front side line
#8	16	112	3.0 stps inside Side 2 45 yd In	5.0 stps behind Front side line
#9	8	120	2.0 stps outside Side 2 45 yd In	9.5 stps behind Front side line
#10	20	140	2.5 stps outside Side 2 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#11	16	156	1.0 stp outside Side 1 45 yd In	16.0 stps behind Front side line
#12	2	158	1.0 stp outside Side 1 45 yd In	16.0 stps behind Front side line
#12A	4	162	On Side 1 35 yd In	on Front side line

Nikki**Drill: 1 Sandunga.3dj****Performing as cast member: Nikki Label: 5 Symbol: G ID:335**

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	1.5 stps outside Side 2 45 yd In	6.5 stps in frnt of Front hash (NCAA)
#1	8	16	2.5 stps inside Side 2 40 yd In	5.5 stps in frnt of Front hash (NCAA)
#2	8	24	On Side 2 40 yd In	6.0 stps in frnt of Front hash (NCAA)
#3	16	40	1.0 stp inside Side 2 35 yd In	7.0 stps in frnt of Front hash (NCAA)
#4	16	56	2.0 stps inside Side 2 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#5	8	64	2.0 stps inside Side 2 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#6	16	80	3.0 stps Side 1 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#7	16	96	3.5 stps inside Side 1 35 yd In	12.5 stps in frnt of Front hash (NCAA)
#8	16	112	3.5 stps inside Side 1 40 yd In	5.5 stps behind Front side line
#9	8	120	3.0 stps inside Side 1 45 yd In	5.0 stps behind Front side line
#10	20	140	3.0 stps outside Side 2 45 yd In	12.0 stps behind Front side line
#11	16	156	3.0 stps inside Side 2 40 yd In	11.0 stps in frnt of Front hash (NCAA)
#12	2	158	3.0 stps inside Side 2 40 yd In	11.0 stps in frnt of Front hash (NCAA)
#12A	4	162	4.0 stps inside Side 1 45 yd In	on Front side line

Haley

Drill: 1 Sandunga.3dj

Performing as cast member: Haley Label: 6 Symbol: G ID:336

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	2.5 stps outside Side 2 45 yd In	15.5 stps in frnt of Front hash (NCAA)
#1	8	16	2.0 stps outside Side 2 45 yd In	11.5 stps behind Front side line
#2	8	24	1.0 stp Side 1 of 50 yd In	14.0 stps in frnt of Front hash (NCAA)
#3	16	40	2.0 stps Side 2 of 50 yd In	7.5 stps in frnt of Front hash (NCAA)
#4	16	56	2.0 stps inside Side 1 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#5	8	64	2.0 stps inside Side 1 40 yd In	8.0 stps in frnt of Front hash (NCAA)
#6	16	80	2.0 stps inside Side 1 35 yd In	10.0 stps behind Front side line
#7	16	96	4.0 stps inside Side 1 45 yd In	5.0 stps behind Front side line
#8	16	112	4.0 stps outside Side 2 45 yd In	13.0 stps behind Front side line
#9	8	120	3.0 stps inside Side 2 40 yd In	12.0 stps in frnt of Front hash (NCAA)
#10	20	140	2.0 stps Side 2 of 50 yd In	2.0 stps behind Front hash (NCAA)
#11	16	156	2.0 stps inside Side 2 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#12	2	158	2.0 stps inside Side 2 45 yd In	4.0 stps in frnt of Front hash (NCAA)
#12A	4	162	On Side 1 40 yd In	on Front side line

Brandon

Drill: 1 Sandunga.3dj

Performing as cast member: Brandon Label: 1 Symbol: L ID:337

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	On Side 1 45 yd In	8.5 stps in frnt of Front hash (NCAA)
#1	8	16	2.5 stps inside Side 1 45 yd In	1.0 stps in frnt of Front hash (NCAA)
#2	8	24	2.5 stps inside Side 1 45 yd In	1.0 stps in frnt of Front hash (NCAA)
#3	16	40	1.5 stps Side 1 of 50 yd In	10.0 stps in frnt of Front hash (NCAA)
#4	16	56	3.0 stps outside Side 2 45 yd In	14.5 stps behind Front side line
#5	8	64	3.5 stps outside Side 2 45 yd In	11.5 stps behind Front side line
#6	16	80	3.5 stps outside Side 2 45 yd In	11.5 stps behind Front side line
#7	16	96	3.0 stps Side 2 of 50 yd In	8.0 stps behind Front side line
#8	16	112	3.0 stps Side 2 of 50 yd In	8.0 stps behind Front side line
#9	8	120	On Side 1 50 yd In	13.0 stps behind Front side line
#10	20	140	0.5 stps outside Side 2 45 yd In	10.5 stps in frnt of Front hash (NCAA)
#11	16	156	4.0 stps outside Side 2 40 yd In	12.5 stps in frnt of Front hash (NCAA)
#12	2	158	4.0 stps outside Side 2 40 yd In	12.5 stps in frnt of Front hash (NCAA)
#12A	4	162	4.0 stps outside Side 2 40 yd In	12.5 stps in frnt of Front hash (NCAA)

Gary

Drill: 1 Sandunga.3dj

Performing as cast member: Gary Label: 2 Symbol: L ID:327

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	On 50 yd In	1.0 stps behind Front side line
#1	8	16	On 50 yd In	1.0 stps behind Front side line
#2	8	24	On 50 yd In	1.0 stps behind Front side line
#3	16	40	3.0 stps Side 2 of 50 yd In	6.0 stps behind Front side line
#4	16	56	4.0 stps inside Side 1 40 yd In	10.0 stps behind Front side line
#5	8	64	4.0 stps inside Side 1 40 yd In	10.0 stps behind Front side line
#6	16	80	4.0 stps inside Side 1 40 yd In	10.0 stps behind Front side line
#7	16	96	On Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 2 of 50 yd In	4.0 stps in frnt of Front hash (NCAA)
#9	8	120	3.0 stps Side 1 of 50 yd In	5.0 stps in frnt of Front hash (NCAA)
#10	20	140	2.0 stps inside Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps inside Side 1 40 yd In	14.0 stps in frnt of Front hash (NCAA)
#12	2	158	2.0 stps inside Side 1 40 yd In	14.0 stps in frnt of Front hash (NCAA)
#12A	4	162	2.0 stps inside Side 1 40 yd In	14.0 stps in frnt of Front hash (NCAA)

Charles

Drill: 1 Sandunga.3dj

Performing as cast member: Charles Label: 3 Symbol: L ID:350

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	1.5 stps inside Side 2 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#1	8	16	2.0 stps outside Side 2 45 yd In	15.5 stps behind Front side line
#2	8	24	On Side 2 45 yd In	11.0 stps behind Front side line
#3	16	40	1.5 stps Side 2 of 50 yd In	12.5 stps behind Front side line
#4	16	56	1.0 stp outside Side 1 45 yd In	15.0 stps behind Front side line
#5	8	64	1.0 stp outside Side 1 45 yd In	15.0 stps behind Front side line
#6	16	80	1.0 stp outside Side 1 45 yd In	15.0 stps behind Front side line
#7	16	96	2.0 stps Side 1 of 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 2 of 50 yd In	10.0 stps in frnt of Front hash (NCAA)
#9	8	120	1.0 stp Side 2 of 50 yd In	9.0 stps in frnt of Front hash (NCAA)
#10	20	140	1.5 stps Side 1 of 50 yd In	9.0 stps in frnt of Front hash (NCAA)
#11	16	156	3.5 stps inside Side 1 45 yd In	5.0 stps in frnt of Front hash (NCAA)
#12	2	158	3.5 stps inside Side 1 45 yd In	5.0 stps in frnt of Front hash (NCAA)
#12A	4	162	3.5 stps inside Side 1 45 yd In	5.0 stps in frnt of Front hash (NCAA)

Krystal

Drill: 1 Sandunga.3dj

Performing as cast member: Krystal Label: 4 Symbol: L ID:349

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	1.5 stps inside Side 2 45 yd In	5.0 stps in frnt of Front hash (NCAA)
#1	8	16	4.0 stps Side 2 of 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#2	8	24	1.5 stps Side 2 of 50 yd In	12.5 stps behind Front side line
#3	16	40	3.0 stps Side 1 of 50 yd In	15.5 stps behind Front side line
#4	16	56	0.5 stps outside Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#5	8	64	0.5 stps outside Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#6	16	80	0.5 stps outside Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#7	16	96	4.0 stps Side 2 of 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps Side 2 of 50 yd In	16.0 stps behind Front side line
#9	8	120	3.0 stps inside Side 2 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#10	20	140	3.0 stps Side 2 of 50 yd In	5.0 stps in frnt of Front hash (NCAA)
#11	16	156	3.0 stps inside Side 2 45 yd In	4.0 stps behind Front hash (NCAA)
#12	2	158	3.0 stps inside Side 2 45 yd In	4.0 stps behind Front hash (NCAA)
#12A	4	162	3.0 stps inside Side 2 45 yd In	4.0 stps behind Front hash (NCAA)

Borus

Drill: 1 Sandunga.3dj

Performing as cast member: Borus Label: Q Symbol: Q ID:324

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	On Side 1 45 yd In	13.0 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp inside Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#2	8	24	1.0 stp inside Side 1 45 yd In	14.0 stps behind Front side line
#3	16	40	On Side 1 50 yd In	9.5 stps behind Front side line
#4	16	56	3.0 stps inside Side 2 40 yd In	9.0 stps behind Front side line
#5	8	64	On Side 2 40 yd In	8.0 stps behind Front side line
#6	16	80	3.5 stps outside Side 2 40 yd In	13.5 stps behind Front side line
#7	16	96	3.0 stps outside Side 2 40 yd In	4.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps inside Side 2 45 yd In	15.5 stps behind Front side line
#9	8	120	0.5 stps outside Side 2 45 yd In	10.5 stps in frnt of Front hash (NCAA)
#10	20	140	1.0 stp Side 2 of 50 yd In	1.5 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps Side 2 of 50 yd In	9.0 stps behind Front hash (NCAA)
#12	2	158	2.0 stps Side 2 of 50 yd In	9.0 stps behind Front hash (NCAA)
#12A	4	162	2.0 stps Side 2 of 50 yd In	9.0 stps behind Front hash (NCAA)

Steve

Drill: 1 Sandunga.3dj

Performing as cast member: Steve Label: 1 Symbol: S ID:328

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	1.0 stp Side 1 of 50 yd In	7.0 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp inside Side 1 45 yd In	6.0 stps in frnt of Front hash (NCAA)
#2	8	24	1.0 stp inside Side 1 45 yd In	14.5 stps in frnt of Front hash (NCAA)
#3	16	40	2.0 stps Side 1 of 50 yd In	10.0 stps behind Front side line
#4	16	56	2.5 stps outside Side 2 45 yd In	8.5 stps behind Front side line
#5	8	64	4.0 stps outside Side 2 45 yd In	8.0 stps behind Front side line
#6	16	80	On Side 2 40 yd In	14.5 stps behind Front side line
#7	16	96	0.5 stps outside Side 2 40 yd In	4.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps inside Side 2 45 yd In	13.5 stps in frnt of Front hash (NCAA)
#9	8	120	0.5 stps inside Side 2 45 yd In	8.5 stps in frnt of Front hash (NCAA)
#10	20	140	0.5 stps Side 1 of 50 yd In	3.0 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps Side 1 of 50 yd In	5.0 stps behind Front hash (NCAA)
#12	2	158	2.0 stps Side 1 of 50 yd In	5.0 stps behind Front hash (NCAA)
#12A	4	162	2.0 stps Side 1 of 50 yd In	5.0 stps behind Front hash (NCAA)

Julia

Drill: 1 Sandunga.3dj

Performing as cast member: Julia Label: 2 Symbol: S ID:329

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	2.5 stps Side 2 of 50 yd In	8.0 stps in frnt of Front hash (NCAA)
#1	8	16	4.0 stps inside Side 1 45 yd In	4.5 stps in frnt of Front hash (NCAA)
#2	8	24	1.0 stp inside Side 1 45 yd In	11.0 stps in frnt of Front hash (NCAA)
#3	16	40	2.0 stps inside Side 1 45 yd In	11.5 stps behind Front side line
#4	16	56	0.5 stps inside Side 2 45 yd In	8.5 stps behind Front side line
#5	8	64	On Side 2 45 yd In	8.0 stps behind Front side line
#6	16	80	3.5 stps outside Side 2 45 yd In	15.5 stps behind Front side line
#7	16	96	1.5 stps inside Side 2 40 yd In	4.0 stps in frnt of Front hash (NCAA)
#8	16	112	2.0 stps inside Side 2 45 yd In	11.0 stps in frnt of Front hash (NCAA)
#9	8	120	2.5 stps inside Side 2 45 yd In	6.5 stps in frnt of Front hash (NCAA)
#10	20	140	2.0 stps Side 1 of 50 yd In	4.5 stps in frnt of Front hash (NCAA)
#11	16	156	2.0 stps inside Side 1 45 yd In	1.5 stps behind Front hash (NCAA)
#12	2	158	2.0 stps inside Side 1 45 yd In	1.5 stps behind Front hash (NCAA)
#12A	4	162	2.0 stps inside Side 1 45 yd In	1.5 stps behind Front hash (NCAA)

Ryan

Drill: 1 Sandunga.3dj

Performing as cast member: Ryan Label: 1 Symbol: T ID:345

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.0 stps outside Side 1 45 yd In	11.5 stps in frnt of Front hash (NCAA)
#1	8	16	1.0 stp outside Side 1 45 yd In	1.0 stps in frnt of Front hash (NCAA)
#2	8	24	1.0 stp outside Side 1 45 yd In	1.0 stps in frnt of Front hash (NCAA)
#3	16	40	3.5 stps inside Side 1 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#4	16	56	On Side 2 45 yd In	14.0 stps behind Front side line
#5	8	64	On Side 2 45 yd In	12.5 stps behind Front side line
#6	16	80	On Side 2 45 yd In	12.5 stps behind Front side line
#7	16	96	4.0 stps Side 2 of 50 yd In	12.0 stps in frnt of Front hash (NCAA)
#8	16	112	1.5 stps Side 1 of 50 yd In	15.5 stps in frnt of Front hash (NCAA)
#9	8	120	2.5 stps Side 2 of 50 yd In	15.5 stps in frnt of Front hash (NCAA)
#10	20	140	1.5 stps inside Side 2 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#11	16	156	3.5 stps inside Side 2 40 yd In	3.5 stps in frnt of Front hash (NCAA)
#12	2	158	3.5 stps inside Side 2 40 yd In	3.5 stps in frnt of Front hash (NCAA)
#12A	4	162	3.5 stps inside Side 2 40 yd In	3.5 stps in frnt of Front hash (NCAA)

Peter

Drill: 1 Sandunga.3dj

Performing as cast member: Peter Label: 2 Symbol: T ID:346

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	0.5 stps outside Side 1 45 yd In	on Front hash (NCAA)
#1	8	16	2.0 stps inside Side 1 40 yd In	6.0 stps in frnt of Front hash (NCAA)
#2	8	24	2.0 stps inside Side 1 40 yd In	6.0 stps in frnt of Front hash (NCAA)
#3	16	40	2.5 stps outside Side 1 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#4	16	56	1.0 stp Side 2 of 50 yd In	15.5 stps behind Front side line
#5	8	64	On Side 2 50 yd In	14.0 stps behind Front side line
#6	16	80	On 50 yd In	8.0 stps behind Front side line
#7	16	96	On 50 yd In	8.0 stps behind Front side line
#8	16	112	On 50 yd In	8.0 stps behind Front side line
#9	8	120	2.0 stps Side 1 of 50 yd In	15.5 stps behind Front side line
#10	20	140	1.0 stp inside Side 2 45 yd In	12.5 stps in frnt of Front hash (NCAA)
#11	16	156	0.5 stps inside Side 2 40 yd In	15.0 stps behind Front side line
#12	2	158	0.5 stps inside Side 2 40 yd In	15.0 stps behind Front side line
#12A	4	162	0.5 stps inside Side 2 40 yd In	15.0 stps behind Front side line

Hannah

Drill: 1 Sandunga.3dj

Performing as cast member: Hannah Label: 3 Symbol: T ID:347

Set	Move	Count	Side 1-Side 2	Back-Front
#0	0	8	3.5 stps outside Side 1 45 yd In	7.0 stps in frnt of Front hash (NCAA)
#1	8	16	3.5 stps inside Side 1 40 yd In	2.5 stps in frnt of Front hash (NCAA)
#2	8	24	3.5 stps inside Side 1 40 yd In	2.5 stps in frnt of Front hash (NCAA)
#3	16	40	On Side 1 45 yd In	7.5 stps in frnt of Front hash (NCAA)
#4	16	56	3.5 stps inside Side 2 45 yd In	14.5 stps behind Front side line
#5	8	64	3.5 stps inside Side 2 45 yd In	13.0 stps behind Front side line
#6	16	80	3.5 stps inside Side 2 45 yd In	13.0 stps behind Front side line
#7	16	96	1.0 stp Side 2 of 50 yd In	12.0 stps in frnt of Front hash (NCAA)
#8	16	112	1.5 stps Side 1 of 50 yd In	12.5 stps in frnt of Front hash (NCAA)
#9	8	120	0.5 stps Side 2 of 50 yd In	13.5 stps in frnt of Front hash (NCAA)
#10	20	140	3.5 stps inside Side 2 45 yd In	9.5 stps in frnt of Front hash (NCAA)
#11	16	156	0.5 stps inside Side 2 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#12	2	158	0.5 stps inside Side 2 45 yd In	8.0 stps in frnt of Front hash (NCAA)
#12A	4	162	0.5 stps inside Side 2 45 yd In	8.0 stps in frnt of Front hash (NCAA)